

Section G: Player Safety

Safety Code

It is the responsibility of CYB to provide general liability insurance coverage for all players and to ensure first aid kits are available at all CYB games.

It is the responsibility of the head coach to make sure his players are properly supervised at all practices and games. Players are not allowed to use equipment or facilities without the direct supervision of an authorized coach.

The importance of an emergency care plan cannot be stressed enough. It is recommended that coaches have some basic training in first aid.

Player consent forms must be in the coach's possession during any CYB game or practice. Coaches should also have emergency phone numbers available. Coaches should also be aware of the general health and physical condition of their team's players.

Parents, coaches, and CYB Game Chaperones are responsible for the safety of The Players. This responsibility includes but is not limited to the following:

- Ensure each player is properly suited and in proper footwear.
- Ensure the playing area is in a safe condition.
- Ensure that players are not chewing gum during practice and games.
- Eliminate all "horse-play". It can cause accidents for players and spectators.
- Insist that all players remove all jewelry during games and practices.

Communicable Disease Procedure

Proper precautions are needed to minimize the potential risk of the spread of communicable disease and skin infections during CYB events. These conditions include skin infections that occur due to skin contact with competitors and equipment. The spread of infections, blood-borne pathogens, and influenza can often be greatly reduced through proper hygiene.

Infections Skin Diseases:

Strategies for reducing the potential exposure to these infections include:

- Players and/or parents/guardians must notify the coach of any skin lesion prior to any CYB event (game or practice). The Player must be evaluated by a proper health-care professional before returning to competition.
- If an outbreak occurs on a team, all team members should be evaluated to help prevent further spread of the condition.
- A player and/or coach may not return to competition until an appropriate health-care professional as determined the skin lesion is no longer contagious.

Blood-borne Infections Diseases:

Universal Precautions shall be used to reduce exposure. These Precautions include, but are not limited to:

- Any Player, Coach, Referee, CYB Board Member, or spectator who is bleeding, has an open wound, has any amount of blood on his/her uniform/clothing, or his/her person, shall be directed to leave the area of the CYB event (game or practice) until the bleeding is stopped, the wound is covered, the uniform and/or body is appropriately cleaned, and/or the uniform is changed before returning to the CYB event.
- Caregivers who are not related to the individual in need of attention shall wear gloves and use Universal Precautions to prevent blood or body fluid splash from contaminating themselves or others.
- In the event of a blood or body fluid splash, immediately wash the contaminated skin or exposed area with soap and water.
- Clean all contaminated surfaces (including the basketball and/or basketball court) with disinfectant before returning to competition.

Other Communicable Disease Precautions:

It is recommended that Players, Coaches, Referees, CYB Board Members, Family Members, and spectators follow recommendations by the Centers for Disease Control (CDC) and the local Health Department as it relates to vaccinations, times of outbreak, and reducing risk of infection.

In Game Safety

The player's safety and health are the first concern of Claremont Youth Basketball.

It is the responsibility of the Player or Family Members to alert CYB and the team coach of any special medical issues so that CYB can work with the player to accommodate as appropriate.

The referees may stop the game at any time to determine the condition of a player who may be injured or suffering from health problems.

Concussions

Head injuries are uncommon, but can occur.

If a player is suspected of having a concussion:

- The player must be immediately removed from play or practice.
- Once the player is removed from play or practice due to suspicion of a concussion, the player cannot return to that game.
- If a player is kept out of play or practice due to a concussion the player cannot return to CYB practices or games until the player provides a written clearance from a licensed physician.

In the event of any head injury, we encourage parents to seek medical attention for their child and CYB will coordinate as appropriate on any accommodations that may be necessary.